Newsletter #3 Friday 6th March 2020

Term 1, Week 6

Vandana Preschool – Year 7

Respect · Belonging · Learning



Pictured: Room 6 Friday Adventures (see article next page)

Upcoming Events

TERM 1, 2020:

9 March

Adelaide Cup Public Holiday

13 March

Assembly hosted by Room 6

17 March

Governing Council Meeting 9.00 am

20 March

- Bullying No Way Day
- Harmony Day

27 March

• Assembly hosted by Room 11

30 March

• Pupil Free Day

8 April

• Sports Day

9 April

- Last day of Term 2 pm early dismissal
- Terrific Kids Assembly

10 April

Good Friday Public Holiday

(School Holidays 10 - 26 April)

TERM 2, 2020:

27 April







Government of South Australia Department for Education

Change in Leadership

We say goodbye to Ms Belinda this week as she takes on new challenges at Blakeview Primary School. I have been fortunate to take on the Acting Principal position till the end of Term 2.

I look forward to this opportunity and to continue the work and commitment already planned for 2020. *Kind Regards*

Tegan Sims, Acting Principal

Bullying

If your child talks to you about Bullying:

1.Listen calmly and get the full story. Your calm response is important to allow your child to tell you all about the situation. After they've told you their story, ask questions to get more details if you need to: who, what, where, when. Although you may feel some strong emotions about your child's experience, try to keep calm to avoid more distress to your child.

2. Reassure your child they are not to blame. Many children blame themselves and this may make them feel even worse. You could say things like, 'That sounds really hard to deal with. No one should have to put up with that.' or 'I'm so glad you told me. You should be able to feel safe at school; that's not fair at all'.

3. Ask your child what they want to do and what they want you to do. A critical part of your response is to avoid jumping in to solve the problem. While it is natural to want to protect your child, helping them to find their own solution is a better option. It helps them feel they have some power in the situation.

4. Visit <u>www.bullyingnoway.gov.au</u> to find some strategies. The website has tips and ideas for different bullying situations. One idea is to practise strategies at home to help your child feel more confident.

5. Contact the school. Your child may be reluctant for you to do this, so discuss the idea and reassure them that the school would want to know and is able to help. Make an appointment to meet with your child's teacher and, if you need to, ask to talk with the

Leadership Team. Contact the school immediately if you have a concern about your child's safety.

6. Check in regularly with your child. Keep the conversation going. It can take time to resolve issues, so check in regularly with your child about their experiences and their feelings. Your ongoing support is important.

If you are looking for support for yourself to deal with a bullying situation, you will find ideas on the *Bullying. No Way!* website for parents.

Cyber-bullying

Cyber-bullying is the use of technology to bully a person with the intent to hurt or intimidate them.

Some examples of cyber-bullying include:

- hurtful or abusive messages
- creating fake accounts in someone's name to trick or humiliate people
- spreading nasty rumours or lies about someone
- sharing photos of someone to make fun of them or humiliate them

What to do :

- 1. Resist the urge to respond
- 2. Screenshot evidence
- 3. Report and block
- 4. Talk to someone
- 5. Report it to eSafety

Our vision: Empowering our community to flourish in their relationships and learning. 2-12 Cowra Avenue, Gilles Plains SA 5086 Ph 08 8261 1699 Fax 08 8266 2919 E dl.0994_info@schools.sa.edu.au Web www.wandanac7.sa.edu.au

Room 6 News



Room 6 Field Trips

This kind of activity supports our students to learn valuable skills such as cooperation and communication.

Our students are visual learners and field trips lets them touch, feel and listen to what they are learning about, build on classroom instruction, gain a better understanding of topics and expose them to a world outside of their own.

Room 6 students are developing stronger relationships and trust among each other.

Here are some recounts of our trip to the airport.









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